

Other ideas...  
 Growth Mindset  
 Carol Dweck  
 Intelligence, talents and personalities can be developed through dedication and effort.

Mihaly Csikszentmihalyi  
 A flow state, also known colloquially as being in the zone, is the mental state in which a person performing some activity is fully immersed in a feeling of energized focus, full involvement, and enjoyment in the process of the activity



There are multiple theoretical influences that educators can draw upon to inform their practice in school age care. This diagram draws together some of the most influential theoretical perspectives which can inform thinking about children's learning and development as well as approaches to educator's own learning and development. Drawing upon various theoretical perspectives supports ongoing learning and reflective practice. This in turn assists educators to think about their work with children alongside their work with each other to ensure their practice benefits children.  
 (The empty puzzle pieces can be used to add your own thoughts, ideas and influences.)